



On janemag.com Super-stylist Ted Gibson will answer 10 of your hair-related questions. Post them in the Primp forum.



How to turn unhealthy hair into a Breck Girl mane

Those smokin' hot but intriguingly chaste Breck Girls were America's hair-ad icons from the '40s to the '80s, and they're currently in vogue again. Kate Sidlo, a model agent at Elite, says, "Healthy-hair girls are the most desirable to clients because they are so ultrafeminine, like models Julia Stegner [left] and Alessandra Ambrosia." If you blow-dry, color or straighten, you're more likely to have damage, but luckily, we can help turn your hair around. As for finding actual Breck label products, cross the border—they're sold only in Mexico. —Courtney D.

Problem: Manic Panic abuse Solution: Dove's new Advanced Color Care Reviving Mask, \$6, prevents fading. And next time you color, try Clairol's new Hydrience Crème Moisturizing Color System, \$9, to add health and shine.

Problem: Split-end central Solution: L'Oréal Paris Vive Nutri-Moisture Shampoo, \$4, and Infusium 23 Moisturizing Intense Infuser, \$5, repair and prevent breakage. Even better, get a trim. But please abstain from razor cuts, which tend to evolve into splits.

Problem: Frizzy and fried Solution: John Frieda's Frizz-Ease Curl Around Daily Shampoo, \$6, seals out fuzz-inducing moisture. We also love Neutrogena Triple Moisture Silk Touch Leave-In Cream, \$7, and tried-and-true Alberto VO5 Hot Oil Treatment, \$4, which helps to soothe angry hair.

Problem: It's Just Dead. Solution: To totally reboot, hit the salon for extra-deep conditioning. Agent Kate religiously sends her girls to NYC stylist Ted Gibson—he's worked on Angelina—for treatments. We're obsessed with the Kérastase hair-strengthening treatment, \$75, that Alirio Sanchez does at Butterfly studio in New York, which buys you a good hair month. And Biolage salons now offer Cera-Repair Pro4 (\$15–\$25 and up), a 10-minute job that results in major softness. (There's a \$15 at-home Cera-Repair system, too.)

Instant Karma

Got any closely guarded hair tricks?



"I wash my hair infrequently, maybe twice a month. When I do, I go to bed with wet hair for that bed-head/sex-head look." —Andrea, 23, Brooklyn, N.Y.

"Since I'm a surfer, my hair gets really dry from the salt water, so I use a moisture-rich hair mask once a week." —Erin, 30, San Francisco

"I don't shampoo, I only condition. My curly hair needs a lot of moisture. I lather it up like shampoo to get the same effect." —Jennifer, 22, Richmond, Va.

"I buy a weave. Velvet Remi Human Hair—it works wonders. And Abba leave-in conditioner for untangling." —Oby, 23, Philadelphia

PHOTOS: VIVE: LISA SHIN NEUTROGENA: ANTHONY GOSWORT; GINGER FARMER; ANDREW MIDJENNER; GINGER FARMER; ERIN; ROSALIND WASHINGTON; OBY: ROSALIND WASHINGTON; ADS: GASTON; JULIA: GREG KESLER/FIRSTVIEW.COM