

SEOUL FOOD



It's no secret that when you feel like total crap because you haven't slept in days, your skin is the first to tell on you. (Ah, dark circles and grayish pallor, we meet again.) Make a habit out of this kind of behavior and it'll take more than a solid eight hours of sleep to revive the radiance of yore. Not that a moisturizer can miraculously bring your complexion back from the dead, but when paired with, say, a nap, Erborian's ginseng- and yuza-based products can at least stop people from asking if you're sick. Thousands of years of Korean medicinal know-how went into creating these super creamy, deliciously citrus-smelling creams that are formulated to fight skin fatigue with circulation-stimulating herbs and vitamins. The yuza line—including a day and night lotion, and a fantastic little balm that treats chapped lips and dry cuticles—is suitable for normal to oily skin and utilizes the fruit's vitamin C to even out skin tone and fight damaging free radicals. The ginseng set—day, night, and eye cream—increases cellular turnover, making it good for aging or dry skin lacking that little sum'n sum'n. Because when it comes to a fresh-faced, I-roll-out-of-bed-this-luminous kind of glow, sometimes you have to fake it 'til you make it. COURTNEY DUNLOP

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